



Adjusting to Life's Changing Seasons

Leon D. Pamphile

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Change is one of the passwords that describes the moving reality of our lives. It is obvious in our physical, mental, and social development. A human life is analogous in many ways to the cyclical seasons of nature. Whether in time or space, we are subject to novel experiences and circumstances.

Since change affects us in such a drastic way, it is imperative to be well-armed to manage its impact. We need to be mentally and spiritually conditioned with the relevant attitude to monitor and adjust to the events that unwittingly come our way.

This book seeks to empower you to manage your ongoing challenges in an ever-changing world. It will enable you to monitor and adjust to the changes taking place in your personal life, both from within and without. It is an invaluable tool that will help you travel in the paths leading to your well-being and the development of your capacity for service.

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