



Couple Relationships in the Middle and Later Years: Their Nature, Complexity, and Role in Health and Illness

Edited by Jamila Bookwala

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What factors influence the nature and quality of today's older couple relationships, and what are the complex links between relationships and health? In this cutting-edge volume, the authors present the latest theoretical, methodological, and empirical perspectives in the field of middle-age and older couple relationships. The chapters cover a broad range of topics, including the impact of health concerns, loneliness, chronic disease management, couple negotiation of everyday tasks, coping across the lifespan, and the prevalence and visibility of nontraditional older couple relationships such as same-sex relationships and "living apart-together" relationships. Implications for couples therapy and policy are included.

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