



# Coaching Is for Everyone: Learn How to Be Your Own Coach at Any Age

*Terri Levine*

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## **Coaching Is for Everyone: Learn How to Be Your Own Coach at Any Age** Terri Levine

READING THIS BOOK WILL BE HAZARDOUS TO YOUR CURRENT LIFE..in fact you'll never have the same stressful, unfulfilling life again! Sadly you were never taught the life and work skills you really needed for success and to understand what your life mission, vision and purpose were all about. It isn't your fault that you live a life filled with chaos and ups and downs and you feel like life is slipping by and you barely have time to breathe. In these pages you will finally learn how to create your authentic life without stress or struggle and to shift your life and work to become easy, effortless and joy filled every day. Be one of the people who learn to live magically by knowing, practicing and using the simple, effective, powerful and proven self coaching techniques revealed by The Guru of Coaching.

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