



Grow It, Cook It with Kids

Amand Grant

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At a time when people are taking an interest in the provenance of their food and are keen to make their weekly budget go further, there has been a rise in the number of vegetable patches. So there has never been a better time to teach kids about the benefits of growing and cooking with their own fruit and vegetables. *Grow It, Cook it with Kids* is a beautifully photographed guide aimed at getting children into the garden, sowing seeds, looking after their plants, and showing them how and when to harvest their produce. There are chapters on Herbs & Leaves; Potatoes, Carrots, & Onions; Zucchini & Tomatoes; Peas & Beans; and Raspberries & Strawberries. There's nothing better or more rewarding for a child than enjoying the freshest produce that they've grown and tended to themselves in their own back yard they'll be full of pride when they can make potato cakes, zucchini stir-fry, creamy spinach pasta, and strawberry cupcakes--all with the minimum help from Mom or Dad. This delightful book by Amanda Grant is in tune with the current passion for grow-your-own produce and encourages children to learn about the joys of gardening and cooking.

*In the same bestselling series as Gardening with Kids, Christmas Crafting with Kids, and Crafting with Kids.

- *A timely book to encourage children to grow their own, with gorgeous photography by Tara Fisher.
- * Take inspiration from Michelle Obama and get your children to grow their own!



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From reader reviews:

Richard Martinez:

This book untitled Grow It, Cook It with Kids to be one of several books that will best seller in this year, that is because when you read this reserve you can get a lot of benefit on it. You will easily to buy this specific book in the book retailer or you can order it via online. The publisher of this book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Cell phone. So there is no reason for you to past this book from your list.

Harold Baughman:

The guide untitled Grow It, Cook It with Kids is the book that recommended to you to learn. You can see the quality of the publication content that will be shown to you. The language that author use to explained their ideas are easily to understand. The writer was did a lot of research when write the book, and so the information that they share to you is absolutely accurate. You also will get the e-book of Grow It, Cook It with Kids from the publisher to make you a lot more enjoy free time.

Burton Zinn:

What is your hobby? Have you heard this question when you got learners? We believe that that query was given by teacher to the students. Many kinds of hobby, Everybody has different hobby. And also you know that little person including reading or as reading through become their hobby. You should know that reading is very important along with book as to be the thing. Book is important thing to include you knowledge, except your teacher or lecturer. You find good news or update in relation to something by book. Numerous books that can you decide to try be your object. One of them are these claims Grow It, Cook It with Kids.

Frances Pierce:

A lot of people said that they feel uninterested when they reading a reserve. They are directly felt it when they get a half parts of the book. You can choose the actual book Grow It, Cook It with Kids to make your current reading is interesting. Your own personal skill of reading skill is developing when you such as reading. Try to choose straightforward book to make you enjoy to see it and mingle the idea about book and reading especially. It is to be first opinion for you to like to available a book and learn it. Beside that the book Grow It, Cook It with Kids can to be your new friend when you're feel alone and confuse using what must you're doing of their time.

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