



How to Look After the 'Elf' in Health and Safety

Jane Coombs

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This book is for anyone that is responsible for health and safety in organisations.

The workplaces mentioned goes from hands on construction through to office staff, including executives (all the "elves" in your company).

I have used the analogy of the Elves as the UK thinks that we do too much health and safety - it's restrictive and bureaucratic. Any health and safety initiative that is labelled daft is labelled with the headline "elf and safety" Yet look at the numbers of workers dying from past exposure to asbestos or those affected by noise and dust at work and you cannot fail to see that this book is sorely needed. Safety may be under control but health is the poor cousin in most companies. Buy it and read it. Incorporate it into your risk assessment process.

Good health and wellbeing is known to boost productivity and morale, and protects your company from legal action and having a poor reputation for exploiting workers.

An invaluable resource for newbies in the field of health and safety and experienced consultants alike, this e-book presents proven strategies, techniques, and the skills needed to ensure the successful implementation of a health and safety plan in your organisation.

- If you are a health and safety professional this book will give you the ultimate edge to thrive in the field
- If you are a small or mid-sized business owner or supervisor, you will find this e-book a priceless guide on how to best care for your "elves" without having to hire an outside consultant, saving you thousands of pounds
- If you are a manager or executive of a large corporation, you will understand how to best work with your health and safety consultant to maximize the benefits he or she is bringing to your company or division. In this book you will learn about and find:
- The difference between health and safety
- What a health risk assessment (HRA) involves
- The scope of the HRA process
- Who should do the HRA
- When and how to do the HRA
- Case studies based on real events
- Exercises to test your newly-acquired knowledge
- A wealth of resources from government agencies, universities, and direct links to the author's own website

http:www.workingwellsolutions.com

Jane Coombs is a practising occupational health and safety professional who regularly blogs and has published articles in leading occupational health and safety peer reviewed journals. She advises leading companies on strategies to keep workers safe and in a healthy environment. Jane has a Master's Degree in Health, Safety and Environmental Management, a Diploma in Health and Safety and on the UK list of registered Occupational Health and Safety Consultants.

'In my opinion it is a great guide to the Elf in Health and Safety, simple without being patronising, a great introduction to our world' Jo Jenkins

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Maureen Daniels:

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Maria Hughes:

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