



Musonius Rufus and Education in the Good Life: A Model of Teaching and Living Virtue

J. T. Dillon

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Called "The Roman Socrates," Musonius Rufus is a first-century Stoic philosopher who was famous for living and teaching the good life of virtue. This book describes his exemplary life, his ethical teachings, and the practical methods he used to educate people in the good life.

No armchair philosopher, Musonius Rufus was a champion of education, marriage, equality of the sexes, and freedom of the individual. But especially he taught how to live a virtuous life in difficult circumstances. His methods included Socratic discussion, training exercises, and close association with students such as Epictetus and other well-known figures of the time. Above all he was a living example of what he taught.

Based on the ancient texts and modern scholarship, this book is the first comprehensive treatment of Musonius Rufus, his life, teachings, and methods. It recounts his active life in dramatic times, describes his basic teachings and their application to practical problems of life, and systematically examines all aspects of his approach to education.

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