



# **Pruritus Ani: All You Need to Know About Pruritus Ani (Itchy bottom, Anusitis) and How To Finally Get Relief From Anal Itching!**

*Joel Connor*

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Pruritus Ani - also referred to as anusitis - is a common medical condition that can affect both men and women. It typically develops in adults aged in their 40s and 60s, affecting anywhere around 1% to 6% of people of the general population. Men, however, are the ones most commonly affected by this condition - which causes an irresistible and uncontrollable urge to scratch your skin - as opposed to women. Pruritus may be more bothersome and noticeable after bowel movements or during the night. There are several causes of the condition (more of which we will be talking about in this Book), and an accurate diagnosis is extremely important to ensure the specific cause is treated appropriately. While Pruritus Ani can prove a rather embarrassing situation to be in, you can get relief from their symptoms and improve your quality of life by taking the proper measures. What You Will Find In This Book? That's exactly what this Book "Pruritus Ani" is all about: helping you with its treatment! Not only will it walk you through what the condition is and how it can be diagnosed, but it also discusses the treatment options, lifestyle and home remedies, as well as dietary considerations available to you, so you can get rid of the condition once and for all. If you or a loved one is suffering from Pruritus Ani, then you have come just to the right place. In the following chapters, which will address several concerns regarding Pruritus Ani, you will learn everything you need to know to effectively counter the condition, so read on!

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