



Sexual Harassment in the Workplace and Academia: Psychiatric Issues (Clinical Practice, 38)

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For decades, sexual harassment went unnoticed or was denied, minimized, or simply ignored. In recent years, however, the topic has moved to the forefront of public awareness, demanding attention as a serious issue in business and professional arenas. In Sexual Harassment in the Workplace and Academia: Psychiatric Issues, 14 experts in the field provide a timely and practical guide to identification, treatment, and advocacy for individuals, particularly women, who have been sexually harassed. Psychiatrists and other mental health practitioners must be well informed about sexual harassment and its psychiatric implications to provide competent and therapeutic care to their patients. This provocative book offers valuable information on sexual harassment issues relevant to the clinician, including physical and emotional effects of harassment, individual and organizational responses to harassment, and characteristics and types of harassers. A semistructured interview for psychiatric assessment of harassment victims and comprehensive information on therapeutic interventions and resources are presented. Also covered are forensic issues, such as the role of the psychiatrist in sexual harassment cases, the litigation process and how to support a patient throughout it, and the potential for misuse and abuse of psychiatry. Special settings and types of harassment for which information is not readily available, including sexual harassment of children and adolescents and harassment in academia and medicine, are discussed. Case vignettes are presented that illustrate the damaging psychological, medical, social, and economic consequences of sexual exploitation and discrimination. By acquiring a fuller understanding of this serious and pervasive problem, practitioners will be able not only to recognize and avoid common clinical pitfalls (for example, inflicting secondary injury by blaming the victim) but also to provide more knowledgeable assessment and effective treatment for all of their patients.

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