



Biomechanics of Spine Stabilization: Principles and Clinical Practice

Edward C. Benzel

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This practical text reviews both the biomechanical properties and the clinical applications (screws, plates, rods) used in spine stabilization. The exponential rise in the application of new spinal instrumentation techniques necessitates a working knowledge of these complex devices - this is what this text provides. It also reviews indications and clinical consequences of stabilization materials for anterior and posterior spinal surgeries, spinal fixation and spinal fusion.

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