



# Positive Options for Colorectal Cancer: Self-Help and Treatment

*Carol Ann Larson*

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Did you know:

- \* Approximately 80-90 million Americans are considered at risk for developing colorectal cancer
- \* More than 147,000 new cases of colorectal cancer will be diagnosed this year in the US.
- \* Colorectal cancer is the second leading cancer killer of adults in America, and the 4th most commonly diagnosed cancer
- \* Although the majority of people diagnosed with colorectal cancer are over 50, it can strike people of any age, any race

Written by one of the founding members of Advocates for Colorectal Education, (ACE), this book contains everything you need to know about this disease. The book is clearly written and focuses on practical considerations for the patient. Each chapter concludes with a list of patient suggestions and reminders. Chapter 3 has a Q&A section from doctors about every aspect of this disease.

The book includes information on

- \* Prevention techniques & warning signs
- \* Screening tests, including the latest information on virtual colonoscopy
- \* Myths and misinformation
- \* Finding a good doctor and how to talk with a doctor
- \* The importance of a positive outlook and positive actions
- \* Finding support
- \* Treatment options: surgery, chemotherapy, radiation
- \* Alternative methods of healing
- \* Learning to live with an ostomy
- \* Life after colorectal cancer
- \* Resources for the colorectal cancer patient

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Positive Options for Colorectal Cancer: Self-Help and Treatment can be one of your nice books that are good idea. Most of us recommend that straight away because this e-book has good vocabulary that could increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort to set every word into delight arrangement in writing Positive Options for Colorectal Cancer: Self-Help and Treatment but doesn't forget the main stage, giving the reader the hottest as well as based confirm resource data that maybe you can be one among it. This great information can drawn you into brand-new stage of crucial pondering.

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