



Body Image Lies Women Believe: And the Truth of Christ That Sets Them Free

Shelley Hitz

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- Are you insecure about your looks?
- Have you ever compared yourself to someone else and found yourself wanting?
- Do compliments or put downs determine the image you have of your beauty?

Real Stories of Overcoming Body Image Lies Women Believe with God's Truth

Throughout this book, Christian women share their stories of how they have struggled with body image lies and a distorted view of themselves. However, each of their stories also contains hope - the hope of replacing these lies with God's truth. Our prayer for you is that you find encouragement within these pages and allow Christ to transform you with His truth.

We Are Each Created Unique

God has created each one of us with unique abilities, unique talents and a unique personality. As women we are influencers and God has given us that role and our beauty to share with others. Yet so often we settle for a counterfeit. The enemy has counterfeited our idea of beauty, convincing us to share our beauty with the world in a distorted way. Today that often means that we see our beauty as what we look like on the outside.

What Lies Have You Been Believing?

Join us for the journey of replacing body image lies with truth from God's Word.

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Daniel Hanson:

Typically the book Body Image Lies Women Believe: And the Truth of Christ That Sets Them Free will bring one to the new experience of reading the book. The author style to explain the idea is very unique. Should you try to find new book to see, this book very acceptable to you. The book Body Image Lies Women Believe: And the Truth of Christ That Sets Them Free is much recommended to you to read. You can also get the e-book through the official web site, so you can quicker to read the book.

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Martin Kelley:

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