



# Challenges in the Theory and Practice of Play Therapy

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## Challenges in the Theory and Practice of Play Therapy

*Challenges in the Theory and Practice of Play Therapy* provides an advanced and in-depth exploration of the issues and challenges relating to the training, theory and practice of Child-Centred Play Therapy. The ethos of the book is process orientated, and it discusses the particular therapeutic challenges that are encountered on a day-to-day basis.

Drawing upon clinical material and cutting-edge theory, David Le Vay and Elise Cuschieri bring together experienced practitioners from the field to explore key topics such as:

- The therapeutic use of self within play therapy
- Gender issues in play therapy
- The play therapist's experience of self-doubt
- Working with acquired brain injury
- Working with developmental trauma
- The role of research within play therapy
- The role of experiential training groups in a play therapy training programme

Original and stimulating, *Challenges in the Theory and Practice of Play Therapy* will be of interest and value to all those working within the area of child mental health, both in practice and in training, and particularly those in the wider Arts and Play Therapy community who are working therapeutically with troubled children.

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