



I Know It's Over. Now What?: The Woman's Guide to Preparing for Divorce (Soulful Truth Telling Book 4)

Sharon Pope

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When the realization sets in that your marriage is over, it can be paralyzing. When one of the biggest questions in your life gets answered, it leads to even more questions. And those questions can keep you stuck.

When you're staring at the prospect that everything in your life is going to change, where do you even begin?

- How do I know I'm making the right decision?
- How will I tell my husband, the man I pledged to spend the rest of my life with?
- How do I tell the kids, our families, and our friends?
- How do I manage the emotional rollercoaster?
- How can I ever move on? How will I overcome my fears?
- What will my life look like a year from now?
- And will I ever have another shot at love?

Soulful Truth Telling: I Know It's Over. Now What? gently guides you through this time with practical tools and not-so-pragmatic insights – so that you don't remain stuck in the questions and so that you're able to move on to living the answers.

You'll know what to expect and you'll be prepared for what's next.

You'll know how to move through this time in the most peaceful way possible, so that you don't lose your mind, lose yourself, or damage people in the process.

Soulful Truth Telling: I Know It's Over. Now What? shows you how to use the experience of moving out of a painful marriage as a gentle launching pad for landing in the soulfully truth-filled life awaits you. Make the journey with hope, and with encouragement from an experienced coach who's been where you are and can help you find your way.

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From reader reviews:

Cassie Merritt:

Do you have something that you like such as book? The reserve lovers usually prefer to choose book like comic, limited story and the biggest one is novel. Now, why not attempting I Know It's Over. Now What?: The Woman's Guide to Preparing for Divorce (Soulful Truth Telling Book 4) that give your enjoyment preference will be satisfied through reading this book. Reading addiction all over the world can be said as the opportunity for people to know world considerably better then how they react towards the world. It can't be claimed constantly that reading routine only for the geeky man but for all of you who wants to possibly be success person. So , for every you who want to start examining as your good habit, it is possible to pick I Know It's Over. Now What?: The Woman's Guide to Preparing for Divorce (Soulful Truth Telling Book 4) become your personal starter.

Ciara Wolfe:

Is it anyone who having spare time in that case spend it whole day through watching television programs or just resting on the bed? Do you need something totally new? This I Know It's Over. Now What?: The Woman's Guide to Preparing for Divorce (Soulful Truth Telling Book 4) can be the solution, oh how comes? A book you know. You are so out of date, spending your extra time by reading in this brand-new era is common not a nerd activity. So what these guides have than the others?

Brian Kelley:

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Jonas Jones:

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