



Mateology: The drink beyond a drink

David Askaripour

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Mateology is the Bible of yerba mate. No North American has ever written a book on yerba mate until Dave “Mate” Askaripour decided to learn everything he could about this ancient herb from Paraguay — living in South America for years — and return home to spread the word about this drink that has the power to improve lives, increase health and vitality, and most of all, form friendships.

Learn Everything There is to Know About Yerba Mate:

- History and tradition.
- How to Prepare yerba mate.
- Learn the health benefits of yerba mate.
- Understand the various cuts and types yerba mate.
- Yerba mate's influence on North America.
- Learn about the yerba mate Circle and how it's used to form friendships.

Read Mateology and see how mate has changed many lives around the world. Mate will change our Nation, one sip at a time.

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This Mateology: The drink beyond a drink is fresh way for you who has intense curiosity to look for some information mainly because it relief your hunger associated with. Getting deeper you on it getting knowledge more you know otherwise you who still having little bit of digest in reading this Mateology: The drink beyond a drink can be the light food to suit your needs because the information inside that book is easy to get through anyone. These books develop itself in the form that is certainly reachable by anyone, yes I mean in the e-book web form. People who think that in guide form make them feel drowsy even dizzy this publication is the answer. So there isn't any in reading a reserve especially this one. You can find what you are looking for. It should be here for anyone. So , don't miss the idea! Just read this e-book type for your better life in addition to knowledge.

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