



# I Love You, I Hate You: The Double-Edged Nature of Human Relationships

*Carlos G. Valles*

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## **I Love You, I Hate You: The Double-Edged Nature of Human Relationships** Carlos G. Valles

Through personal examples and anecdotes, Valles casts a revealing light on the conflicting emotions innate in every relationship--marriage, family, friendship--and examines what steps can be taken to safeguard and nurture our relations with others. I Love You, I Hate You will transform the way we relate to others, to ourselves, even to God.

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