

Blues to Bliss: Creating Your Happily-ever-after in the Early Years

Ngina Otiende



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We've heard that marriage is a land of endless and automatic bliss. As a result, most of us walk into marriage expecting bliss without any intentional effort on our part. So what happens when the blues – challenges and adjustments of young marriage – check in during those early days of marriage? How do we escape the trap of wheel-turning in blues land and break into enduring bliss? Ngina Otiende answers this question in Biblical, practical ways that will impact and change your marriage! She shares from her own marriage, showing wives how God can use them to turn the direction and dynamics of their marriages from blues to bliss. You'll be encouraged and challenged to overcome the mindsets and attitudes that stop you from becoming all that God created you to be in your marriage. Take a journey through tough marital subjects like intimacy, submission, communication and even finances, and learn how to navigate all this and more as you build a foundation for a marriage that will last

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