



BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD

Jerry Seiden

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Spirit of Hope Publishing announces the release of its newest book **BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD** by author Jerry Seiden, M.A. The book brings a new perspective to the topic of Attention Deficit Disorder (ADD or ADHD). Author Jerry Seiden, a pastoral counselor and prolific writer, seeks to lift attitudes about ADD to a more positive and spiritual place. He believes that the negative labels and perceptions about ADD damage the children and adults who are diagnosed with the condition.

Jerry Seiden admits that **BORN LOSERS OR LEADERS?** has an attitude and an edge. Still, the book is full of basic information, clinical insights, and historical perspectives into ADD. Seiden notes the work of Daniel Amen, M.D. (author of *Healing ADD*) and the immense medical contributions by David E. Comings, M.D. and The City of Hope Hospital (see www.HopePress.com). The book builds upon current concepts, but goes far beyond the “disorder” paradigm. The main body of the material explores the “differences” possessed by those labeled ADD.

The author describes the many positive traits that experts have long noted in those with ADD (e.g. intelligent, creative, intuitive, resourceful, flexible, change agents, and willing to risk). Then Seiden goes all the way back to the Greek philosopher Plato and his famous written work *The Republic* (from the 4th century B.C.). The author describes the slice of society that Plato suggested were the true leaders (philosopher-kings)—Plato called them Guardians. Seiden compares the many traits of ADD with the characteristics of Plato’s Guardians. He suggests that perhaps the design of creation allowed for a unique difference in the real leaders—those like ADDers who are abstract, sensitive, artistic, spiritual, and mystical. The book describes the author’s personal struggles and spiritual discoveries about ADD. It is also full of many inspirational stories and uplifting perspectives that will encourage and enlighten any reader. But most important, the book gives readers practical ways to move from the “loser-label” and low-self esteem to a new attitude and appreciation for the “ADD-difference.”

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From reader reviews:

Jennifer McMorris:

This BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD book is simply not ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book will be information inside this reserve incredible fresh, you will get data which is getting deeper you read a lot of information you will get. That BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD without we realize teach the one who studying it become critical in thinking and analyzing. Don't become worry BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD can bring any time you are and not make your case space or bookshelves' grow to be full because you can have it in the lovely laptop even phone. This BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD having excellent arrangement in word and also layout, so you will not sense uninterested in reading.

Tyler Emery:

Hey guys, do you wishes to finds a new book to see? May be the book with the headline BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD suitable to you? The particular book was written by famous writer in this era. The book untitled BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD is the one of several books that will everyone read now. This particular book was inspired lots of people in the world. When you read this guide you will enter the new shape that you ever know just before. The author explained their strategy in the simple way, and so all of people can easily to recognise the core of this e-book. This book will give you a lots of information about this world now. So you can see the represented of the world within this book.

Colin Rousey:

Reading a book tends to be new life style with this era globalization. With reading you can get a lot of information that can give you benefit in your life. With book everyone in this world can easily share their idea. Ebooks can also inspire a lot of people. Lots of author can inspire their reader with their story or their experience. Not only the storyplot that share in the textbooks. But also they write about the knowledge about something that you need illustration. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors on earth always try to improve their ability in writing, they also doing some research before they write with their book. One of them is this BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD.

Rubin Bourne:

Is it a person who having spare time and then spend it whole day simply by watching television programs or just lying down on the bed? Do you need something totally new? This BORN LOSERS OR LEADERS? A Positive Spiritual Perspective on ADD can be the solution, oh how comes? It's a book you know. You are and so out of date, spending your time by reading in this fresh era is common not a nerd activity. So what

these guides have than the others?

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