



Changing Normal: How I Helped My Husband Beat Cancer

Marilyn Henner

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Marilu Henner

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The *New York Times* bestselling author and beloved actor from the sitcom *Taxi*, Marilu Henner delivers an intimate account of how she and her husband stood together and triumphed.

After they'd been dating only a short while, and as they were falling madly in love, Marilu Henner and Michael Brown were hit with the ultimate bad news: Michael was diagnosed with cancer. Refusing traditional care, they pieced together a personal and holistic view on battling his cancer, all while forging an unbreakable bond.

In this moving and informative book, Marilu pulls back the curtain on how they dealt with the blow. She relates her holistic perspective on health—including the superfoods, exercises, and immunotherapy they used to fight back—and why a diagnosis doesn't have to be the end of romance or of a happy and fulfilling life. Takeaways, tips, and practical advice make this a useful guide for anyone working to sustain a relationship through the adversity of disease.

Written with an engaging voice, a sense of humor, and life-changing wisdom, *Changing Normal* is a personal and touching look at how Marilu and Michael faced down a cancer diagnosis and came out the other side happier, healthier, and more in love than ever.

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