



# Adult Development and Aging

*K. Warner Schaie, Sherry L. Willis*

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## **Adult Development and Aging** K. Warner Schaie, Sherry L. Willis

This comprehensive book helps readers process a clear picture of adult development and aging with the help and results of intensive scientific research. It challenges common stereotypes about this subject matter, and interprets the research data into an optimistic yet realistic appraisal of the many problems faced by the elderly in today's society. Chapter topics look at independence and intimacy in young adulthood; responsibility and failure in the middle years; the reintegration or despair of later life; research methodology; families; careers; personality development; learning and memory; intellectual and biological development; mental disorders; and death and bereavement. For individuals who want to view the potential richness of life at all stages, and/or understand the lives of older adults they may care for.

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