



Catch and Prepare California Halibut: A Cook's Quick Guide to Preparing Fish and Seafood

Renee Shelton

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Catch and Prepare California Halibut is a concise guide for the California halibut, *Paralichthys californicus*. It contains a basic overview of the species, including its range and prey. Popular catch methods are included, and rich photography and images are found all throughout the guide. California halibut is mild tasting and lean fish and can be cooked in a variety of ways. In this book, you'll find step-by-step guides and full color photos for filleting a whole halibut as well as how to remove the often-overlooked halibut cheeks. For new ways to prepare halibut, look over the chart with the descriptions of different cooking methods, or try the tested recipes that are included. From cover to cover, you'll learn all about the California halibut, with new and best ways to catch and prepare this great tasting fish.

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