



Nuevos tacos clásicos de Lorena García (Spanish Edition)

Lorena García

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«Su casa estará llena de deliciosos olores y sabores gracias a estas recetas fáciles de seguir». —Art Smith, chef de Oprah Winfrey y autor *best-seller*

Una de las chefs preferidas de Estados Unidos da un giro saludable y emocionante a la mejor comida callejera de América Latina

El TACO. La AREPA. La EMPANADA. El TAMAL.

De las calles de México y Venezuela a Ecuador, Puerto Rico y Cuba, estos platos vernáculos representan una característica compartida por nuestras culturas latinas: el concepto de comida en un recipiente, ¡de alimentos abrazados!

Deconstruyendo cada nuevo estilo de tacos en sus elementos, Lorena le muestra cómo crear cada una de las deliciosas capas que lo componen: desde la envoltura, pasando por el relleno y llegando a las coberturas, entre las que se cuentan ensaladas y salsas. Así, dará usted un nuevo nombre y un acento latino al sureño Hoppin' John, cubrirá los plátanos más dulces con las cebollas encurtidas más ácidas y aprenderá cómo hacer acompañamientos extraordinarios como el cremoso maíz peruano gratinado, un sabroso succotash de tres tipos de frijoles y unas frituras de aguacate.

Estas recetas llenas de sabor están pensadas para acompañarse unas a otras y para compartir, dependiendo de sus antojos o de la ocasión. Una vez que domine los elementos, las posibilidades de combinaciones serán infinitas y estará cocinando fácilmente, comiendo y navegando sin esfuerzo a través de un mundo nuevo y vertiginoso hecho de platillos latinos que encantarán a todo el mundo.

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Jose Shepard:

The reason? Because this Nuevos tacos clásicos de Lorena García (Spanish Edition) is an unordinary book that the inside of the book waiting for you to snap it but latter it will surprise you with the secret it inside. Reading this book beside it was fantastic author who have write the book in such wonderful way makes the content inside easier to understand, entertaining way but still convey the meaning totally. So , it is good for you for not hesitating having this anymore or you going to regret it. This unique book will give you a lot of gains than the other book have such as help improving your skill and your critical thinking means. So , still want to hold up having that book? If I were you I will go to the e-book store hurriedly.

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Edwina Hinkle:

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