



# Teaching Emotional Intelligence: Strategies and Activities for Helping Students Make Effective Choices

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## Teaching Emotional Intelligence: Strategies and Activities for Helping Students Make Effective Choices

*Give students the tools to make effective choices in and out of the classroom!*

This streamlined, teacher-friendly resource provides educators with fresh and engaging techniques to help learners increase self-awareness, manage emotions, build self-control, and develop positive relationships. The author provides a generous collection of fully developed lesson plans with role plays, ready-to-use reproducibles, and suggestions for adapting the activities to individual learning levels. This revised edition features:

- Expanded coverage of relevant research
- New lessons on topics such as bullying and violence prevention
- Lesson modifications for middle school students
- Guidelines for positive classroom management

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