



Toxic Staple, How Gluten May Be Wrecking Your Health - And What You Can Do about It!

Anne J. Sarkisian

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Sick and tired of being Sick and Tired? Gluten may be the culprit. TOXIC STAPLE exposes how the devastating effects of gluten reach far beyond celiac disease. Over 300 symptoms and maladies are linked to this insidious protein, from allergies, arthritis, asthma, autoimmune disease, cancer, depression, fatigue, gut or memory issues, migraines, osteoporosis, reflux. . . to zits. Misdiagnosed / Undiagnosed Read Toxic Staple and you will - • Learn to recognize how gluten could be affecting your health • Discover the revolutionary health benefits of a gluten-free lifestyle • Find hope in the inspirational stories of real people - substantiated by nearly 600 scientific studies from around the world • Get the scoop on cutting-edge and traditional tests • Become empowered to change your health and life "Toxic Staple is a exceptional book that integrates the vast amount of research on the gluten-related epidemic! It is a must-read, a gift for health-care professionals or anyone looking to improve his or her health." -- Marie-Nathalie Beaudoin, PhD

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