



Yoga Silhouettes 2017 Mini Calendar

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Take a break from the busyness of today's world with the ancient and mindful practice of yoga. Inhale deeply, gently stretch, clear your mind, focus on this moment. Yoga silhouettes and serene settings are merged with sometimes serious, sometimes playful words from around the world and throughout time to help us feel more connected to ourselves and our environment.

Monthly Quotes:

January: Life is a journey, not a destination - we determine our destiny by the direction we take. -
Anonymous

February: Quiet the mind and the soul will speak. - Ma Jaya Sati Bhagavati

March: Smile, breathe and go slowly. - Thich Nhat Hanh

April: Do not dwell in the past. Do not dream of the future. Concentrate the mind on the present moment. -
Buddha

May: Yoga in the morning is a blessing that lasts the entire day. - Christine Darling

June: We don't see things as they are, we see them as we are. - Anaïs Nin

July: Meditation brings wisdom. - Buddha

August: Sometimes the most important thing in a whole day is the rest we take between two deep breaths. -
Etty Hillesum

September: You exist in time, but you belong to eternity. - Osho

October: Change is the essence of life. Be willing to surrender what you are for what you could become. -
Reinhold Niebuhr

November: Gracefulness has been defined as the outward expression of the inward harmony of the soul -
William Hazlitt

December: A strong body makes the mind strong. - Thomas Jefferson

Details and Dimensions:

7" x 7"

Durable cover and punch hole

Quotes on each page

Full color art

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From reader reviews:

Patricia Gross:

Why? Because this Yoga Silhouettes 2017 Mini Calendar is an unordinary book that the inside of the e-book waiting for you to snap the item but latter it will zap you with the secret that inside. Reading this book beside it was fantastic author who write the book in such amazing way makes the content inside easier to understand, entertaining approach but still convey the meaning totally. So , it is good for you because of not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of gains than the other book get such as help improving your ability and your critical thinking approach. So , still want to postpone having that book? If I had been you I will go to the publication store hurriedly.

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Alex Tipton:

In this period of time globalization it is important to someone to get information. The information will make someone to understand the condition of the world. The health of the world makes the information much easier to share. You can find a lot of personal references to get information example: internet, newspaper, book, and soon. You can see that now, a lot of publisher that print many kinds of book. The actual book that recommended for you is Yoga Silhouettes 2017 Mini Calendar this reserve consist a lot of the information of the condition of this world now. This specific book was represented just how can the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. The writer made some investigation when he makes this book. That's why this book suitable all of you.

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