



# A Fractured Mind: My Life with Multiple Personality Disorder

*Robert B. Oxnam*

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**A Fractured Mind: My Life with Multiple Personality Disorder** Robert B. Oxnam

**The harrowing, insightful, and courageous account of a prominent man's struggle with multiple personalities**

Robert Oxnam was a high-profile, successful man: A renowned scholar and president of the Asia Society, he appeared frequently on television and traveled the world as a sought-after expert. But what the millions of people who'd seen him didn't know--what even those closest to him didn't know--was that Oxnam suffered from multiple personality disorder. It was only after an intervention staged by family and friends, in response to frequent blackouts and episodic rages assumed to be alcohol-driven, that he sought treatment with Dr. Jeffery Smith; the first of his eleven personalities emerged in a session in 1990. After years of treatment, he has integrated them into three: Robert, Wanda, and Bobby, who take turns narrating this remarkable, unprecedented chronicle.

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