

# Hanging by a Twig: Understanding and Counseling Adults with Learning Disabilities and ADD (Norton Professional Books)

Jay Einhorn Ph. D., Carol T. Wren Ph. D.



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This book brings psychotherapists and counselors into the personal dimension of learning disabilities and provides them with practical insights and guidelines for assessment and treatment.

Carol Wren shares compelling stories of adults with LD and ADD, whose own words reveal their anger, depression, and anxiety as they struggle to succeed in work and life. Listen, for instance, to Mary, whose metaphor provides the title of the book:'In America the philosophy is you've got to do better. Inside, though, there is that fearing, because of that 'Yes, you can, yes, you can.' And you're afraid that you're falling off a ledge on the side of a canyon and you're hanging on to a twig.'

Cognitive and emotional issues often interact in very subtle ways and can affect the LD client's perception, communication, self-esteem, and personality development. These interactions have powerful external consequences as well, including strained family relationships, poor work histories, and the inability to 'read' people and form friendships. LD and ADD can also keep clients from participating meaningfully in talk therapy. Wren's framework encourages readers to listen for LD and ADD in their adult clients.

Successful treatment begins with the psychotherapist's ability to understand a client's experiential world and establish an emotionally healing relationship based on that understanding. Wren's framework of personal stories and information about learning disabilities highlights this experiential world and shows professional readers how to listen for LD and ADD in their adult clients. Jay Einhorn's psychotherapeutic commentary adds specific guidance on treatment, so therapists can recognize their LD clients' cognitive limitations and their compensatory ways of dealing with the world.

People with learning disabilities have complex problems that are often neglected, misdiagnosed, or simply unrecognized. *Hanging by a Twig* gives psychotherapists and counselors a lens to see beyond the disability and help clients frame more productive, satisfying lives.

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#### Valerie Hemming:

Do you one among people who can't read enjoyable if the sentence chained within the straightway, hold on guys this kind of aren't like that. This Hanging by a Twig: Understanding and Counseling Adults with Learning Disabilities and ADD (Norton Professional Books) book is readable through you who hate the perfect word style. You will find the data here are arrange for enjoyable examining experience without leaving even decrease the knowledge that want to supply to you. The writer connected with Hanging by a Twig: Understanding and Counseling Adults with Learning Disabilities and ADD (Norton Professional Books) content conveys the idea easily to understand by many individuals. The printed and e-book are not different in the written content but it just different in the form of it. So , do you still thinking Hanging by a Twig: Understanding and Counseling Adults with Learning Disabilities and ADD (Norton Professional Books) is not loveable to be your top listing reading book?

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#### **Thomas Hawkins:**

Playing with family in the park, coming to see the water world or hanging out with good friends is thing that usually you may have done when you have spare time, in that case why you don't try factor that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Hanging by a Twig: Understanding and Counseling Adults with Learning Disabilities and ADD (Norton Professional Books), you may enjoy both. It is good combination right, you still would like to miss it? What kind of hangout type is it? Oh can happen its mind hangout men. What? Still don't get it, oh come on its identified as reading friends.

#### Pamela Eckert:

As a student exactly feel bored to reading. If their teacher asked them to go to the library or even make summary for some book, they are complained. Just tiny students that has reading's heart or real their interest. They just do what the professor want, like asked to go to the library. They go to at this time there but nothing reading really. Any students feel that looking at is not important, boring as well as can't see colorful pics on there. Yeah, it is to become complicated. Book is very important in your case. As we know that on this age,

many ways to get whatever we want. Likewise word says, many ways to reach Chinese's country. Therefore, this Hanging by a Twig: Understanding and Counseling Adults with Learning Disabilities and ADD (Norton Professional Books) can make you experience more interested to read.

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